

# SafeOnline 101

What Parents Need to Know About  
Protecting Children Online

Raising Savvy Cyber Kids

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# Agenda

- Benefits of Online Usage
- Why Worry When Your Children Go Online
- Only Three Minutes
- Sexual Predators
- What Is A Parent To Do?
- Signs of Children At Risk
- Child Sexual Abuse & Sex Offenders
- Predator in Action
- Savvy Cyber Kids
- Questions

# Benefits of Online Usage

- Communicate using Email, IM, video, etc. with family and friends around the world
- Play computer games with other users
- Share family photos
- Joining the online community

# Benefits of Online Usage

## ● Reference information

- School work
- News
- Weather
- Sports
- Movie reviews
- Encyclopedias
- Local school
- Colleges and Universities
- Government – Local, State, Federal
- Out-of-town newspapers
- Museums

# Recommended Sites

## ● Preschool (Newborn to 5)

- PBSkids.org
  - ◆ Barney
  - ◆ Teletubbies
  - ◆ Sesame Street
- Nickjr.com
  - ◆ Blue's Clues
  - ◆ Dora
- Alfy.com

# Recommended Sites

## ● Elementary School (Ages 5 to 8)

- [PBSkids.org](http://PBSkids.org)
- [Lego.com](http://Lego.com)
- [Crayola.com](http://Crayola.com)
- [Disney.go.com](http://Disney.go.com)
- [MaMaMedia.com](http://MaMaMedia.com)
- [Neopets.com](http://Neopets.com)
- [Animaland.com](http://Animaland.com)

# Recommended Sites

## ● Middle School (Ages 8 to 12)

- [Headbone.com](http://Headbone.com)
- [Kids.albrightknox.org](http://Kids.albrightknox.org)
- [SFSkids.org](http://SFSkids.org)
- [Yucky.com](http://Yucky.com)
- [www.hhmi.org/coolscience](http://www.hhmi.org/coolscience)
- [Timeforkids.com](http://Timeforkids.com)
- [SIkids.com](http://SIkids.com)
- [Playfootball.com](http://Playfootball.com)

# Why Worry When Your Children Go Online

*Children 10 to 17 years old*

- 1 in 4 had an unwanted exposure to sexually explicit pictures
- 1 in 5 received a sexual solicitation
- 1 in 17 was threatened or harassed
- 1 in 33 received an aggressive sexual solicitation (meeting, telephone calls, money, gifts, mail)

NetSmartz. (2002). Internet Crimes Against Children Task Force.

Finkelhor, D., Mitchell, K.J., & Wolak, J. (2000). Online Victimization: A Report on the Nation's Youth.

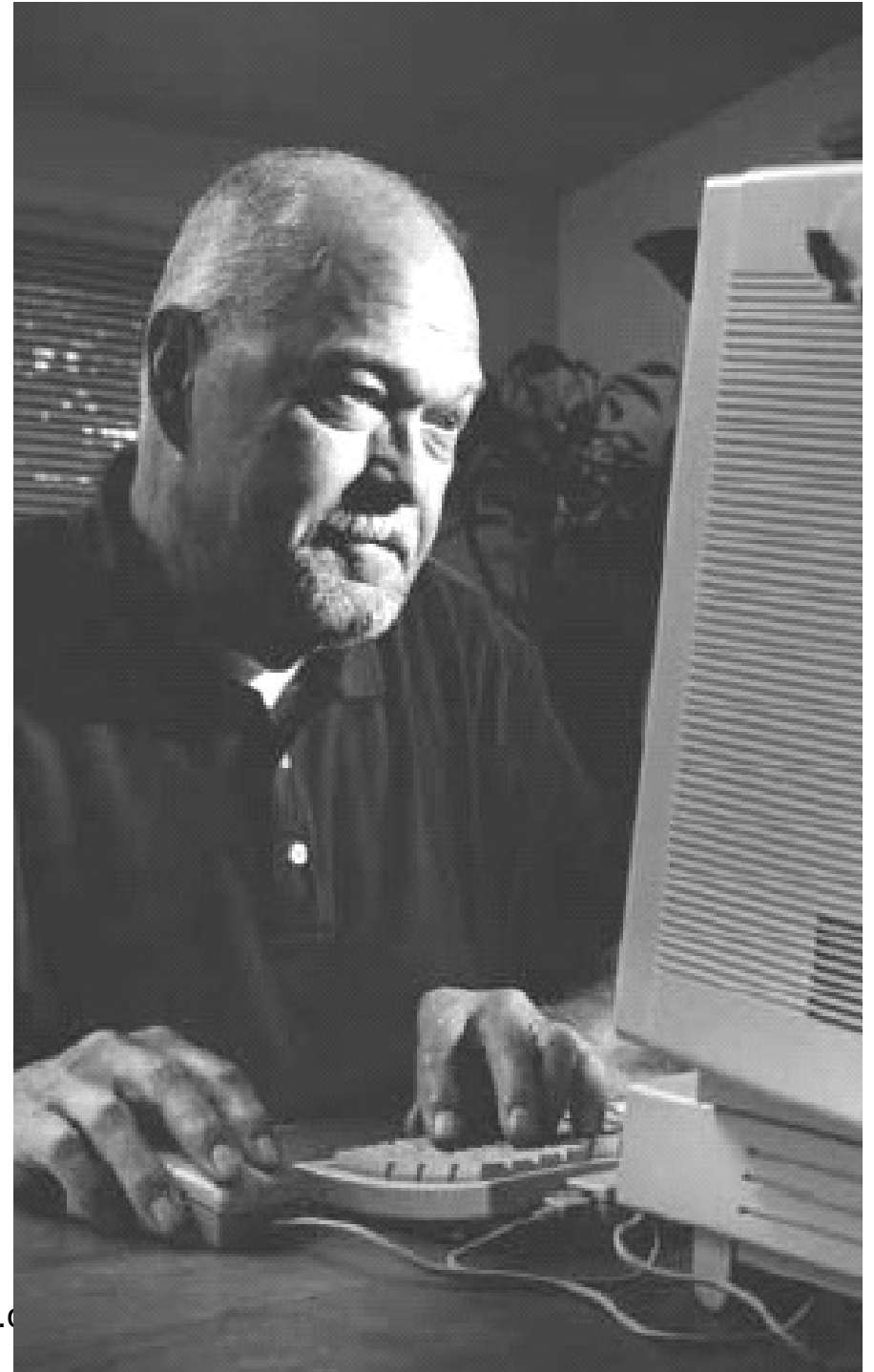
# Why Worry When Your Children Go Online

- Your child could be physically harmed by someone he or she encounters online and later meets in person
  - How do you know if someone indicating that "she" is a "12-year-old girl" is not in reality a 40-year-old man?
- Online encounters with other kids or adults that could affect
  - A child's self-esteem
  - Threaten a child's privacy
- Kids are exposed to false information on websites and chat rooms
- Kids aren't just potential victims of crime. They can also do things online that can hurt others and get them into trouble

**Parents can greatly minimize any potential risks**

**Meet your  
daughter's  
*"13 year-old"*  
Online friend  
from  
Ohio**

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# Only Three Minutes



**SEPTEMBER 4TH, 2002**



Things got pretty intense on the show on Wednesday. In hoping he could show parents just what their kids are exposed to in chat rooms, Bert created a screen name with a false profile that said he was a thirteen year old girl. Within 3 minutes of signing on he got dozens of Instant Messages from men in their 20's and 30's that were sexual in nature. Most of them had no problem asking for a phone number so they could take it to the next level by having phone sex. All this with the knowledge that they were chatting with a 13 year old girl! If you missed the "sexual predator" that called the station assuming he was calling this thirteen year old, just listen.

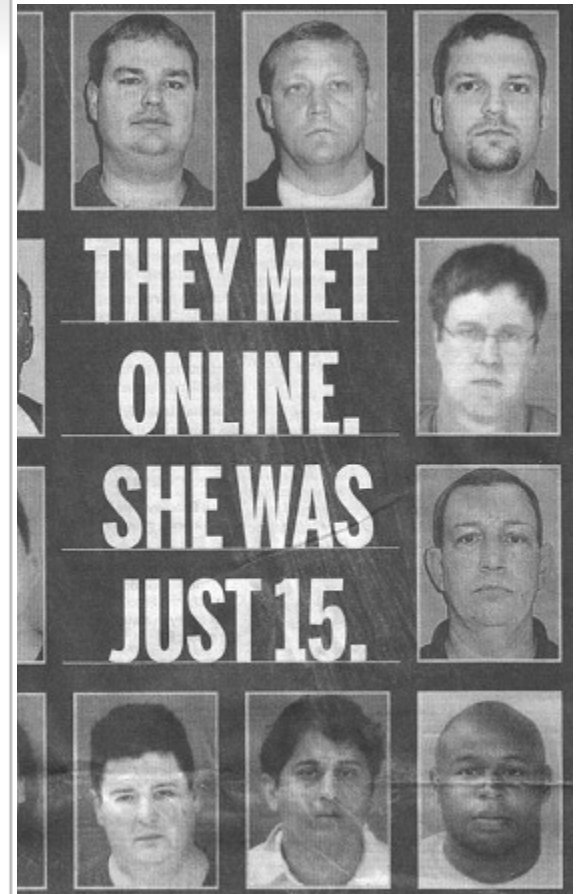
# What Does a Child Predator Look Like?



**INVESTIGATIONS To Catch a Predator**

Dateline hidden camera investigations on 'Net predators'

Location	Year	No. of men who showed up
Outside NYC-area	2004	18 men in 2 1/2 days
Washington D.C. suburb	2005	19 men in 3 days
Southern California	2006	50 men in 3 days
Greenville, Ohio *Part 1 and Part 2	2006	18 men in 3 days
Ft. Myers, Florida *Part 1 and Part 2	2006	24 men in 3 days
Harris County, Ga.	2006	20 men in 4 1/2 days, reports to air this fall
Petaluma, Calif.	2006	29 men in 3 days, reports to air this fall



Like everyone else!

# What Is A Parent To Do?

- ✓ Place the computer in the most public room in your home.
- ✓ Establish ground rules for Internet usage.
- ✓ Share time online by surfing on the Internet with your child.
- ✓ Instruct your child not to give out personal information without your permission.
- ✓ Teach appropriate use of technology
- ✓ Read the privacy policy of any site that asks for personal information before you allow your child to respond.
- ✓ If your child wants to meet in person someone they've met online, make sure a parent is present and it is in a public place.
- ✓ Instruct your child never to respond to email or chat messages that make them feel uncomfortable.
- ✓ Inform your ISP (Internet Service Provider) of any inappropriate uses of the Internet encountered by you or your child.
- ✓ Contact your local FBI field office and the CyberTips hotline to report an incident.
- ✓ Encourage your child to share their online experiences with you.
- ✓ Know exactly what various parental control tools can and cannot do and how they work.
- ✓ Become more computer literate and Internet savvy.

# What Is A Parent To Do?

- ✓ Place the computer in the most public room in your home.
  - Monitor your child's computer use.
  - Do not drop your kids off at the park.
    - ◆ Bedroom = BAD
    - ◆ Family room = GOOD
    - ◆ Kitchen = GOOD
  - Wander in and out of the room periodically.

# Webcams and Internet Porn

- The Oprah Winfrey Show

- “The Young Boy Lured into Becoming an Internet Porn Star”

- ◆ February 15, 2006



- Don't create an opportunity for your children to get seduced

# What Is A Parent To Do?

- ✓ Establish ground rules for Internet usage.
  - Create Family Rules for Online Safety
    - ◆ Discuss these rules and post them near the computer as a reminder.
    - ◆ Monitor compliance with these rules, especially when it comes to the amount of time your children spend on the computer.
  - Personal computers and online services should NOT be used as electronic babysitters.

# Rules for Online Safety

- I will only use the computer and be online for \_\_\_\_ hours a day.
- I will not give out personal information such as my address, telephone number, parents' work address/telephone number, or the name and location of my school without my parents' permission
- I will tell my parents right away if I come across any information that makes me feel uncomfortable.
- I will never agree to get together with someone I "meet" online without first checking with my parents. If my parents agree to the meeting, I will be sure that it is in a public place and bring my mother or father along.
- I will never send a person my picture or anything else without first checking with my parents.
- I will not respond to any messages that are mean or in any way make me feel uncomfortable. It is not my fault if I get a message like that. If I do I will tell my parents right away so that they can contact the service provider.
- I will talk with my parents so that we can set up rules for going online. We will decide upon the time of day that I can be online, the length of time I can be online, and appropriate areas for me to visit. I will not access other areas or break these rules without their permission
- I will not give out my Internet password to anyone (even my best friends) other than my parents
- I will be a good online citizen and not do anything that hurts other people or is against the law.
- I will only communicate with individuals my parent's allow me to communicate with online.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# What Is A Parent To Do?

- ✓ Share time online by surfing on the Internet with your child.
  - Tell your children to never "go private" into a private chat room or respond to an IM from an unknown user.
  - Do not allow your children to post, send or receive pictures or videos online.
    - ◆ Picture files generally end with GIF, JPG, JPEG, TIF or BMP.
    - ◆ Video files generally end with AVI, MOV, MPG, MPEG or WMV.



Foryou.gif



LookAtMe.tif



Cute.bmp



LookAtMe.gif



HeyLook.jpg

# What Is A Parent To Do?

- ✓ Instruct your child not to give out personal information without your permission.

- Name
- Address
- School they attend
- Teacher's names
- Parent's names
- Parent's marital status
- Telephone numbers
- Age
- Financial Information
- Passwords

# What Is A Parent To Do?

- ✓ Teach appropriate use of technology
  - Social-networking, blog, photo, video websites
    - ◆ Identity thieves, sexual predators, ...
    - ◆ Shadow resume
      - Potential employers
      - College applications
  - Camera phones (still/video)
    - ◆ Good and bad...
      - *Camera Phone Helps Foil Alleged Abduction Attempt (2001)*
      - *Porn Pictures of Schoolgirl Circulated by Camera Phone (2004)*



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# MMORPGs

## ● **Massively-Multiplayer Online Role-Playing Games**

- Second Life
- World of Warcraft
- EverQuest
- Ultima Online
- Guild Wars
- Etc.

# What Is A Parent To Do?

- ✓ Read the privacy policy of any site that asks for personal information before you allow your child to respond.
  - Look for a privacy policy on any website directed to children.
  - Decide whether to give consent.
  - Decide whether to approve information collection from your kids based on new uses for the information.
  - Ask to see the information your child has submitted.
  - Understand that you may revoke your consent at any time and have your child's information deleted.

# What Is A Parent To Do?

- ✓ If your child wants to meet in person someone they've met online, make sure a parent is present and it is in a public place.
  - Tell your children to never, never, never tell anyone where they will be or what they will be doing, and they may never meet someone from online without you.

# What Is A Parent To Do?

- ✓ Instruct your child never to respond to email or chat messages that make them feel uncomfortable.
  - Ensure that your child reports such messages to you when they occur.
  - Tell your children to let you know if anything seems strange to them, if they are asked personal ("what are you wearing" type) questions, or if their online friend invites them someplace.
  - Teenagers are more vulnerable to sexual assault and other crimes than younger kids and are far more likely to get together with someone they meet online. Talk with your teens about online safety and encourage them to come to you if they encounter a problem. If a teen does talk with you about a problem, don't respond by taking away Internet privileges. Congratulate your teen for bringing it to your attention, and work together on ways to prevent problems in the future.

# What Is A Parent To Do?

- ✓ Inform your ISP (Internet Service Provider) of any inappropriate uses of the Internet encountered by you or your child.
- ✓ Contact your local law enforcement, FBI field office, and the CyberTips hotline to report an incident.
  - Forward a copy of the message to your service provider, the CyberTip Line, the FBI and your local law enforcement.
  - Ask for their assistance.

# Contact Information

- **National CyberTipline**  
<http://www.cybertipline.com>  
1-800-843-5678



- **FBI Atlanta**  
Crimes Against Children  
Coordinator  
<http://atlanta.fbi.gov/>  
(404) 679-9000



- **Local Law Enforcement**
- **Internet Service Providers**

# What Is A Parent To Do?

- ✓ Encourage your child to share their online experiences with you.
  - Talk with your children about their online activities and their online friends.
  - Get to know their "online friends" just as you get to know all of their other friends.
  - Learn about online safety together, play



[idthecreep.com](http://idthecreep.com)



[tcs.cybertipline.com](http://tcs.cybertipline.com)

[BenHalpert.com](http://BenHalpert.com)

# What Is A Parent To Do?

- ✓ Know exactly what various parental control tools can and cannot do and how they work.
  - Parental controls
  - Filter Sites
  - Monitor Activity
  - Internet Explorer And Netscape Navigator
  - Search For Your Child's Information



# Parental Control Tools

- **Parental controls** (online service)
  - Block adult chat rooms.
  - Block Instant/Personal Messages from people you don't know
  - Consider unlisting your child's name if your service allows it
  - Do not let your children have online profiles
  
- **Filter Sites** (deemed by parents as inappropriate)
  - We-Blocker
  - CyberPatrol
  - SurfWatch
  - NetNanny

# Parental Control Tools

- **Internet Explorer, Netscape Navigator, Firefox**

- History
- Cache

- **Monitor Activity**

- iOpus ActMon
- WinWhatWhere Investigator
- Spector

- **Search For Your Child's Information**

- Ask your kids if they have created a website, blog, etc.
- Search for your child's name on Google, Yahoo or other search engines (Enter the full name in quotes to avoid false hits)
- Use [groups.google.com](http://groups.google.com) and [google.com/alerts](http://google.com/alerts) to look for your child's name in newsgroups (address, phone number, and other personal information)



# What Is A Parent To Do?

- ✓ Become more computer literate and Internet savvy.

**Peer-to-Peer**

**Instant Messaging**

**Trojan Horse  
Programs**

**Data Interception**

**Spam**

**Anti-Virus  
Software**

**Passwords**

**Firewalls**

**Encryption**

**Back door and remote  
administration programs**

**Denial of service**

**Being an intermediary for  
another attack**

**Unprotected Windows  
shares**

**Mobile code (Java,  
JavaScript, and ActiveX)**

**Cross-site scripting**

**SMS**

**Web cams**

**Text Messaging**

**Email spoofing**

**Email-borne viruses**

**Hidden file  
extensions**

**Chat clients**

**Disk failure**

**Power failure and  
surges**

# What Is A Parent To Do?

- ✓ Become more computer literate and Internet savvy.

**POS** Parents are looking Over my Shoulder.

**POTS** Parents Over The Shoulder (My parents are watching, I can't really talk)

**P911** My parents are in the room. P=Parents, and 911=emergency, in other words either drop the subject, or watch the language.

**WTGP?** Want To Go Private? (move to a private chat room)

**a/s/l asl** Age/Sex/Location - (used to ask a chatter their personal information)

**EMA** What is your E-mail address?

**OLL** Online Love

**IPN** I'm posting naked

**WYRN** What's your real name?

**LMIRL** Let's meet in real life

**TAW** Teachers are watching

# Signs of Children At Risk

- Your child spends large amounts of time on-line, especially at night.
- You find pornography on your child's computer.
- Your child receives phone calls from men you don't know or is making calls, sometimes long distance, to numbers you don't recognize.
- Your child receives mail, gifts, or packages from someone you don't know.

# Signs of Children At Risk

- Your child turns the computer monitor off or quickly changes the screen on the monitor when you come into the room.
- Your child becomes withdrawn from the family.
- Your child is using an on-line account belonging to someone else.
- Your child's behavior changes (mention of adults you don't know, secretiveness, inappropriate sexual knowledge, sleeping problems, etc.)

# Cyber-bullying

- Cyber-bullying replaces schoolyard bullying among US kids, 01/28/07
  - “Many kids are involved or engaged in this behavior because it is sort of out of distance...they don't see the harm they are causing.”
  - “It is a very difficult challenge...it is as if everyday a child walks from school, someone stands on a corner and yells something negative.”

# Cyber-bullying Response

Social Networking Sites  
Blogs  
SMS  
IM

- Save the evidence
- Identify the cyber-bully, if this can be done easily
- Response Options
  - Ignore the cyber-bully
  - Get your children involved
    - ◆ [teenangels.org](http://teenangels.org)
    - ◆ [stopcyberbullying.org](http://stopcyberbullying.org)
  - Stop or remove the material
  - Contact the cyber-bully's parents
  - Contact your school
  - Contact the police
  - Contact an attorney or file a small claims action
    - ◆ Defamation
      - Publication of a false, damaging statement
    - ◆ Invasion of Privacy
      - Public disclosure of private facts or false information, when the result would be highly offensive to a reasonable person; or
    - ◆ Intentional infliction of emotional distress

# Child Sexual Abuse

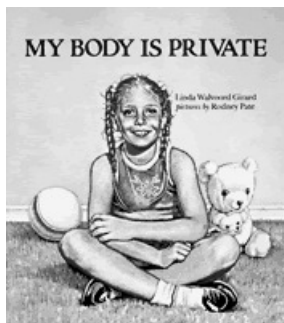
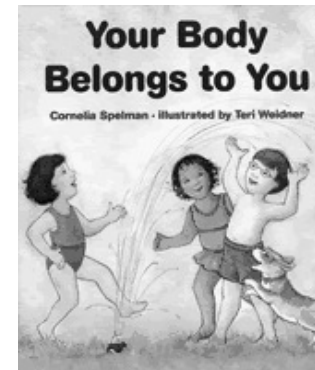


- This couldn't effect my family, could it?
  - Experts estimate that **1 in 4 girls** and **1 in 6** boys are sexually abused before their 18th birthdays.
  - Nearly **70%** of all reported sexual assaults (including assaults on adults) occur to children ages 17 and under.
  - The median age for reported sexual abuse is **9 years old**.
  - Most child victims never report the abuse.
  - 30-40% of children are abused by family members.
  - As many as 60% are abused by people the family trusts- abusers frequently try to form a trusting relationship with parents.
  - Nearly 40% are abused by older or larger children.

# Child Sexual Abuse



- It is an adult's job to keep children safe
  - Minimize Opportunity
    - ◆ Eliminate or reduce one-adult/one-child situations
  - Talk about it
    - ◆ Understand why children are afraid to "tell"
    - ◆ Know how children communicate
    - ◆ Talk openly with your child
    - ◆ Talk to other adults about child sexual abuse
  - Stay Alert
    - ◆ Don't expect obvious signs when a child is being sexually abused
    - ◆ Physical/emotional signs
  - Make a Plan
    - ◆ Learn where to go, who to call and how to react
  - Act on Suspicions
    - ◆ Darkness to Light helpline, 1-866-FOR-LIGHT
    - ◆ Childhelp USA National Child Abuse Hotline, 1-800-4-A-CHILD



# National Sex Offender Registry

- familywatchdog.us
  - Search
  - Sign up for automatic email notification



**The typical sexual predator will assault 1.17 times before being caught.**



**Family Watchdog**  
*Your family's best friend*

# Parents



It is up to **YOU!**

# Savvy Cyber Kids

- A non-profit dedicated to providing age appropriate educational resources for adult caregivers to utilize for the education of children that leads to safe technology experiences at any age.
- Stay tuned.....

# Resources

Search for your local FBI field office

<http://www.fbi.gov/contact/fo/fo.htm>

A Parent's Guide to Internet Safety

<http://www.fbi.gov/publications/pguide/pguidee.htm>

Kidz Privacy

<http://www.ftc.gov/bcp/online/edcams/kidzprivacy/adults.htm>

CyberTip Line, National Center for Missing and Exploited Children

<http://www.missingkids.com/cybertip/>

Safe Surfing with your Family, Safe Surfing Checklist

<http://www.yahooligans.com/parents/checklist.html>

Safeguards, Computer safety tips for your home and child

<http://www.enough.org/safeguards.htm>

Tips for Parents to Protect Children from Internet Predators, Guidelines for Parents

[http://www.safekids.com/parent\\_guidelines.htm](http://www.safekids.com/parent_guidelines.htm)

Keep Your Kids Safe Online, Lessons children learn on Internet safety can be lessons for living.

By Lawrence J., Originally posted February 22, 2000

Kids Rules for Online Safety

<http://www.safekids.com/myrules.htm>

Rules in Cyberspace

<http://www.cybercrime.gov/rules/kidinternet.htm>

Cyberbullying

<http://cyberbully.org/>

Chat Slang

<http://www.web-friend.com/help/lingo/chatslang.html>

# Resources cont...

Netlingo

<http://www.netlingo.com/>

The Young Boy Lured into Becoming an Internet Porn Star

[http://www.oprah.com/tows/pastshows/200602/tows\\_past\\_20060215.jhtml](http://www.oprah.com/tows/pastshows/200602/tows_past_20060215.jhtml)

The Safe Side – Stranger Safety Video

<http://www.thesafeside.com/>

Darkness to Light – 7 Steps to Protecting Our Children

<http://www.darkness2light.org/>

Cyberbully Resources

<http://www.teenangels.org/>

<http://www.stopcyberbullying.org/index2.html>

Google Alerts

<http://www.google.com/alerts>

National Center for Missing and Exploited Children

<http://www.ncmec.org/>

Son, Call Me Big Brother

<http://wired.com/wired/archive/14.07/start.html?pg=8>

Warning: Adults Only

<http://wired.com/wired/archive/14.04/adults.html>

Family Watchdog – National Sex Offender Search

<http://www.familywatchdog.us>

BenHalpert.com

# SafeOnline 101

# Questions?

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